## CANCER AWARENESS FIREFIGHTERS ARE AT RISK!

#### FIREFIGHTERS HAVE A HIGHER RISK of contracting



types of cancer than the general U.S. population.

Synthetic building materials used in modern structures, including furniture and paint,

RELEASE CARCINOGENS

when burned.



# WE HAVE AN OPPORTUNITY TO SAVE LIVES!

Cancer is a leading threat ALL to firefighters.

**CLION** 



For every 5° increase in temperature, skin becomes up to Anny Mande Apparent

The hotter you are, the more carcinogens your skin absorbs



Since 2002, the IAFF has attributed more than 60% of its firefighter LODDs

## TO CANCER

**MORE THAN ANY OTHER CAUSE** 

### **FIVE THINGS YOU CAN DO**





Wear your SCBA from the fire attack through overhaul to limit inhalation of carcinogens.





Clean yourself off during gross decon to remove soot as soon as possible.





Keep contaminated gear out of your station's living and sleeping quarters. Also, don't take contaminated gear home.





Make sure your gear is cleaned and inspected reguarly by a verified ISP.





Maintain a personal exposure log of all fire calls.

NotInOurHouse.com



STOP CANCER AT THE DOOR









